



Sarah Lynn Nutrition is providers for Aetna, Blue Cross Blue Shield, CDPHP, CIGNA, MVP, United Healthcare, Medicare, and more. We offer both in person and telehealth visits.



## SERVICES

Our team of Registered Dietitians specialize in:

- Weight Loss Management
- Reversing Type 2 Diabetes
- PCOS
- Hyper/Hypothyroidism
- GI Issues (Crohn's, SIBO, IBS, Diverticulitis, Ulcerative Colitis etc.)
- Lowering cholesterol/blood pressure
- Eating disorders (anorexia, bulimia, orthorexia, binge eating disorders)
- Prenatal/Postpartum care
- Pediatrics



## BENEFITS

Sarah Lynn Nutrition practices medical nutrition therapy to help prevent or reverse chronic medical conditions through dietary and lifestyle changes. We educate patients through a scientific-based research approach. Maintaining a healthy weight can help patients lower their risk of heart disease, stroke, diabetes, and high blood pressure in order to allow them to live their best quality of life.



## CONTACT INFORMATION

315-401-0590 (Main Office) | 877-819-2425 (Fax)



@sarahlynn\_nutrition



SarahLynnNutrition



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# DIETITIAN SERVICES REFERRAL FORM

Email: [info@sarahlynnnutrition.com](mailto:info@sarahlynnnutrition.com)

Fax: 877-819-2425

[www.sarahlynnnutrition.com](http://www.sarahlynnnutrition.com)

## MEDICAL PRESCRIPTION:

- ☐ RD to assess and treat with nutrition therapy
- ☐ Provide complete Diabetes Self Management Training
- ☐ Instruct on \_\_\_\_\_ nutrition therapy

Patient Name : \_\_\_\_\_

Email : \_\_\_\_\_

Phone : \_\_\_\_\_ DOB : \_\_\_\_\_

Referring Provider: \_\_\_\_\_ Best Fax Number: \_\_\_\_\_

**PLEASE FAX THIS FORM AND PERTINENT LABS TO 877-819-2425**

☐ Diabetes Type 1 w/o Complications (E10.9)

☐ Diabetes Type 2 w/o complications (E11.9)

☐ Diabetes Type 2 With complications (E11.8)

☐ Obesity, Unspecified (E66.9)

☐ Morbid Obesity (E66.01)

☐ IBS w/ diarrhea (K58.0), w/o (K58.9)

☐ Gout, Idiopathic unspecified (M10.00)

☐ Hypoglycemia, Unspecified (E16.2)

☐ Hypertension (I10)

☐ Pure Hyperglyceridemia (E78.1)

☐ Pure Hypercholesterolemia (E78.00)

☐ Hyperlipidemia, unspecified (E78.5)

☐ Constipation, Unspecified (K59.00)

☐ Osteoporosis Age-related, w/o fx (M81.0)

☐ Colitis, Ulcerative Unspecified (K51.919)

☐ Crohn's, Large Intestine (K50.10)

☐ Crohn's, Small Intestine (K50.00)

☐ Pro Cal Malnutrition (E43)

☐ Decubitus ulcer, Unspecified (L89.90)

☐ Low weight gain in pregnancy (O26.10)

☐ Excess Wt gain preg, 1st Trimester (O26.01)

☐ Gestational DM Unspecified (O24.419)

☐ Mild Hyperemesis Gravidarum (O21.0)

☐ Amenorrhea Unspecified (N91.2)

☐ Anorexia (R63.0)

☐ Anemia, Iron Deficiency (D50.9)

☐ Eating Disorder, Unspecified (F50.9)

☐ Bulimia Nervosa (F50.2)

☐ Metabolic Disorder (E88.9)

☐ CKD, stage 2 mild (N18.2)

☐ CKD, stage 3a (N18.31)

☐ CKD, stage 3b (N18.32)

☐ GERD w/o esophagitis (K21.90)

☐ Food Allergies (Z91.01)

☐ Proteinuria Unspecified (R80.9)

☐ Other (write in):

Providers Signature: \_\_\_\_\_



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