



Sarah Lynn Nutrition is providers for Aetna, Blue Cross Blue shield, CDPHP, CIGNA MVP, Empire, Independent Health & United Healthcare. We offer both in person and telehealth visits.



SERVICES

Our team of Registered Dietitians specialize in:

- Weight Loss Management
- Reversing Type 2 Diabetes
- PCOS
- Hyper/Hypothyroidism
- GI Issues (Crohn's, SIBO, IBS, Diverticulitis, Ulcerative Colitis etc.)
- Lowering cholesterol/blood pressure
- Eating disorders (anorexia, bulimia, orthorexia, binge eating disorders)
- Prenatal/Postpartum care
- Pediatrics





BENEFITS

Sarah Lynn Nutrition practices medical nutrition therapy to help prevent or reverse chronic medical conditions through dietary and lifestyle changes. We educate patients through a scientific-based research approach. Maintaining a healthy weight can help patients lower their risk of heart disease, stroke, diabetes, and high blood pressure in order to allow them to live their best quality of life.

CONTACT INFORMATION

315-460-0802 (Office) | 877-819-2425 (Fax)



-  @sarahllynn_nutrition
-  SarahLynnNutrition
-  Sarah Olszewski MS, RDN, CDN
-  sarah@sarahllynnnutrition.com



DIETITIAN SERVICES REFERRAL FORM

Office: 315-401-0054 Fax: 877-819-2425

www.sarahlynnnutrition.com

MEDICAL PRESCRIPTION:

- RD to assess and treat with nutrition therapy
- Provide complete Diabetes Self Management Training
- Instruct on _____ nutrition therapy

Patient Name : _____

Email : _____

Phone : _____ DOB : _____

Referring Provider: _____ Best Fax Number: _____

PLEASE FAX THIS FORM AND PERTINENT LABS TO 877-819-2425

- | | | |
|---|--|---|
| <input type="checkbox"/> Diabetes Type 1 w/o Complications (E10.9) | <input type="checkbox"/> Constipation, Unspecified (K59.00) | <input type="checkbox"/> Anorexia (R63.0) |
| <input type="checkbox"/> Diabetes Type 2 w/o complications (E11.9) | <input type="checkbox"/> Osteoporosis Age-related, w/o fx (M81.0) | <input type="checkbox"/> Anemia, Iron Deficiency (D50.9) |
| <input type="checkbox"/> Diabetes Type 2 With complications (E11.8) | <input type="checkbox"/> Colitis, Ulcerative Unspecified (K51.919) | <input type="checkbox"/> Eating Disorder, Unspecified (F50.9) |
| <input type="checkbox"/> Obesity, Unspecified (E66.9) | <input type="checkbox"/> Crohn's, Large Intestine (K50.10) | <input type="checkbox"/> Bulimia Nervosa (F50.2) |
| <input type="checkbox"/> Morbid Obesity (E66.01) | <input type="checkbox"/> Crohn's, Small Intestine (K50.00) | <input type="checkbox"/> Metabolic Disorder (E88.9) |
| <input type="checkbox"/> IBS w/ diarrhea (K58.0), w/o (K58.9) | <input type="checkbox"/> Pro Cal Malnutrition (E43) | <input type="checkbox"/> CKD, stage 2 mild (N18.2) |
| <input type="checkbox"/> Gout, Idiopathic unspecified (M10.00) | <input type="checkbox"/> Decubitus ulcer, Unspecified (L89.90) | <input type="checkbox"/> CKD, stage 3a (N18.31) |
| <input type="checkbox"/> Hypoglycemia, Unspecified (E16.2) | <input type="checkbox"/> Low weight gain in pregnancy (O26.10) | <input type="checkbox"/> CKD, stage 3b (N18.32) |
| <input type="checkbox"/> Hypertension (I10) | <input type="checkbox"/> Excess Wt gain preg, 1st Trimester (O26.01) | <input type="checkbox"/> GERD w/o esophagitis (K21.90) |
| <input type="checkbox"/> Pure Hyperglyceridemia (E78.1) | <input type="checkbox"/> Gestational DM Unspecified (O24.419) | <input type="checkbox"/> Food Allergies (Z91.01) |
| <input type="checkbox"/> Pure Hypercholesterolemia (E78.00) | <input type="checkbox"/> Mild Hyperemesis Gravidarum (O21.0) | <input type="checkbox"/> Proteinuria Unspecified (R80.9) |
| <input type="checkbox"/> Hyperlipidemia, unspecified (E78.5) | <input type="checkbox"/> Amenorrhea Unspecified (N91.2) | <input type="checkbox"/> Other (write in): |

Providers Signature: _____



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